

HUGS Newsletter

JANUARY 2006

HAPPY NEW YEAR TO ALL!

Wishing you good health, peace, and contentment in 2006 ☺

NEWS

▶ Shawn F is bowing out of HUGS. She is focusing her efforts on getting help for Ryan. We extend our deepest thanks to her for all of her time and financial assistance to HUGS. Shawn and Ryan have formed a circle of friends here at HUGS, and we wish them the very best. We hope to see them from time to time.

▶ I have received some very helpful feedback about our meetings, and so I will try to accommodate. We are here to provide a social space for brain-injured people and their loved ones. No one needs to feel obligated to the weekly participation. We will meet once per month for lunch at a restaurant, instead of one of our night meetings. This will provide an opportunity for some to use Dial-A-Ride and accommodate moms with school-age children.

▶ We welcome DONATIONS to cover the expenses of the materials and supplies used at HUGS. YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED

~Verónica

January Outing

Wednesday, January 25th, at 11:30 am

Join us for lunch at the Habit Burger and Grill in Thousand Oaks (corner of Moorpark & Hillcrest, next to Office Depot). We will get to socialize in the daytime, while supporting the CRPD Therapeutic Recreation fundraising day just by eating there.

Hope to see you ☺

January Meetings

5th: Survivors meet with Dr. Donna [new format]

12th: Socialization/games

19th: Brainstorming session: bring your ideas for meetings, speakers, etc.

Meeting 6:30-8:00 Thursday Evenings

72 Moody Ct. Thousand Oaks, CA

Call: Verónica 498.6851