

HUGS Newsletter

FEBRUARY 2006

HAPPY VALENTINES DAY to ALL!

HAPPY BIRTHDAY to

❖ Bruce Anderson on the 6th and Pat Russell on the 10th

Please let me know if I missed anyone's birthday

UPDATES

- ❖ We had a great lunch outing at The Habit. This is now a fun, new meeting/outing tradition for HUGS on the fourth week of the month.
- ❖ I am looking into starting our own website: www.conejovalleyhugs.com, still shopping around for the best deal and talking with experts and try to get a site done as a donation.
- ❖ We are applying to have a booth at Arbor/Earth Day on April 22. If we get the spot, we will need your support to run the booth that day.
- ❖ We welcome DONATIONS to cover the expenses of the materials and supplies used at HUGS. YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED

~Verónica

FUN

Sunday, Feb 5th: 11 AM – 4 PM

FREE CONCERT: TERESA RUSSELL AT THE LAKES IN THOUSAND OAKS

February Meetings

2nd: Survivors meet in Training Room, Caregivers in Waiting Room

9th: Creative Expressions: come have fun making Valentine's cards

16th: Socialization: your ideas at work! Board games.

23rd: NOTE!!! 11:30 AM Mimi's Café in Thousand Oaks for lunch

Meeting 6:30-8:00 Thursday Evenings

Except 4th week: 11:30 AM lunch @ local restaurant

72 Moody Ct. Thousand Oaks, CA

Call: Verónica 498.6851