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HEADS UP GROUP SUPPORT

NEWSLETTER

MAY 2006

UPDATES

* Our April donations brought in \$35.50, which we will give to Shaun B. as our appreciation for designing and uploading our website. THANK YOU TO ALL WHO GAVE.

* Our daytime meeting on the 4th week of the month at Eggs "N" Things is a fun outing for us, so you can plan on this being a regular thing. Mark your calendars :)

HAPPY MOTHER'S DAY!

to all the Moms

HAPPY BIRTHDAY!

Both Ryan A. and Hedy share birthdays this month on the 20th. We wish them all the best and a fun birthday celebration.

UPCOMING EVENTS

* Family Picnic

Saturday 27th at Noon

Conejo Creek Park in T.O.(by T.O. Library)
Bring a picnic and whatever else you like.
Meet by the tables in the "patio." Come enjoy some fresh air and socialization.

Rain cancels :(

~Verónica

MEETINGS

6:30-8:00pm at 72 Moody Ct, T.O.

4th- Active Participation:

Chris R. leads our meeting :)

11th- Artistic Expressions:

Join us for a fun evening making greeting cards. All supplies provided.

18th-Socialization and Cognitive Games:

Bring jokes to share. Laughter is good medicine. This evening we will play games and share our concerns/victories.

25th - BRUNCH

Meet at 11:30am at Eggs "N" Things in T.O.

"Hope is like the sun which, as we journey towards it, casts the shadow of our burden behind us."

Samuel Smiles

CONTACT INFORMATION

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