



# H.U.G.S.

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**HEADS UP GROUP SUPPORT**

## NEWSLETTER

## August 2007

*"Where there is love; there is life."*

*~Mahatma Gandhi*

### **BIRTHDAY**

Happy, Happy Birthday to Wayne!

### **REPORTS**

- A big welcome to newcomers Mark, Wayne and Ivy. We hope to see you back at our September meeting.
- We are looking for a **spiritual** speaker, preferably an eclectic, non-religious individual. This is the follow up to Dr. Tomaszewski's recommendation, based on our group's needs. A spiritual/enlightened individual who can assist with some of the lingering post-trauma questions. Any suggestions?
- Planning some meetings ahead:  
**September-** Loislyn. As requested, wise brain injury survivor and advocate returns to answer questions. Topic TBA.  
**October-** Artistic Expressions. Bring your creative juices to have some fun and make greeting cards. We have some newly donated supplies.  
**November-** Socialization
- We need to set dates for the following:  
HUGS goes to Zuma in September,  
a bowling night in October and potluck in November.
- Donations in July: \$12 Please donate :)

~Verónica

### **MEETING: 2nd Thursday of the Month**

6:30-8:00pm at 72 Moody Court in T.O.

### **9th - NO MEETING!**

ENJOY YOUR SUMMER :)

### **23rd - Brunch at Eggs 'N' Things**

Meet at 11:30am at Eggs 'N' Things in Thousand Oaks to socialize.

**BRING SOME JOKES!**

### **CONTACT INFORMATION**

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