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**HEADS UP GROUP SUPPORT**

# NEWSLETTER December 2007

*"The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These persons have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and a deep loving concern. Beautiful people do not just happen."*

*~Elizabeth Kubler Ross*

## **HAPPY BIRTHDAY TO YOU!**

Happy Birthday Ryan N [8th]!

## **HAPPY HOLIDAYS AND HAPPY NEW YEAR TO ALL!**

- Wishing everyone pleasant holidays with loved ones and a healthy/prosperous New Year.

## **UPDATES.**

- Join us in planning for 2008 H.U.G.S.' meetings: We will brainstorm at this month's brunch. So, come and let's put our ideas to work again.
- The H.U.G.S. banner looks great! I'll have it at the Holiday Party to show off. The 24" x 72" banner was \$48.25
- Next on the H.U.G.S. to-do list are the business cards and the trifold/pamphlets.
- Anyone interested in 2008 H.U.G.S. calendar? Got ONE beautiful sample. See/call me for details.
- Donations in October were \$39. Thank you.

~Verónica

## **MEETING: 2nd Thursday of the Month**

6:30-8:00pm at 72 Moody Court in T.O.

### **13th - Holiday Party**

Come join us for a fun evening: food, music & games. Just show up with a good JOKE and a few bucks to cover the cost of your food.

### **27th - Brunch at Eggs 'N' Things**

Meet at 11:30 am at Eggs 'N' Things in Thousand Oaks to socialize.

Remember to BRING JOKES ✓

Laughter is good medicine.

*"The day you can accept what happened to you is the day you can go forward."*

*~Mike Russell*

## **CONTACT INFORMATION**

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